COVID-Conscious Group

Living COVID-conscious when it feels like the rest of the world has moved on.

Wednesdays | 6pm-7pm Starting Wednesday, November 27th



An 8-week therapeutic group for individuals 18+ living COVID-consciously. A space to build COVID-conscious community and strategize solutions to challenges that may arise during the Winter/holiday season.

Open to Massachusetts residents only at this time.

To register, email Jess at jhernandez@leavesofchangecounseling.com

